



| Single-use products have                   |                           |
|--|---------------------------|
| a very short life span and                 | If all the inhabitants of |
| are often neither                          | the planet consumed like  |
| recyclable nor reusable.                   | Canadians, we would       |
|  | need more than three      |
| Favour the use of durable                  | planet Earths to meet the |
| items such as:                             | needs.                    |
| Reusable bottles rather                    | 0                         |
| than plastic bottles.                      | 0                         |
| <ul> <li>Cloth rags rather than</li> </ul> |                           |
| paper towels;                              |                           |
| <ul> <li>Rechargeable batteries</li> </ul> |                           |
| rather than normal                         |                           |
| batteries, etc.                            |                           |
| ,  |                           |
|  |                           |
|  |                           |

|                                       | 2 billion tons of waste are |
|---------------------------------------|-----------------------------|
| 90% of the materials that             | produced each year          |
| are extracted from the                | worldwide, which is the     |
| earth are not reused.                 | equivalent of 15            |
|                                       | elephants per second!       |
| There are simple ways to              |                             |
| reuse one's materials.                | If nothing is done, Mother  |
| <b>C</b> yamplace                     |                             |
| Examples:                             | Earth will become a huge    |
| Use reusable dishes                   | garbage dump.               |
| <ul> <li>Use reusable bags</li> </ul> |                             |
| • Buy used clothes and                |                             |
| items                                 |                             |
|                                       |                             |
|                                       |                             |
|                                       |                             |
|                                       |                             |
|                                       |                             |

|   | If we only count the waste  | Today, the things we buy, like  |
|---|---|---|
|   | produced in our homes, in   | cell phones and televisions sets,   |
|   | Quebec, we generate   | are made to last for a shorter  |
|   |   | amount of time than they were   |
|   | 25 tons of waste per  | in our grandparents' day.   |
|   | minute.   | This is called built-in<br>obsolescence.  |
|   | That's the equivalent of<br>the weight of five<br>elephants! In one hour, | In the time of our ancestors,<br>things lasted much longer. For<br>example, in California, there is a |
| 0 | that's almost 300<br>elephants.   | light bulb in an old firehouse<br>that has endured since 1901!  |
|   |   | What do you think the life span<br>of a lightbulb is these days? It is<br>definitely not 118 years!   |
|   |   | 0   |

|                            | Every time we reuse a product,  |
|----------------------------|---------------------------------|
|                            | we make sure that fewer things  |
|                            | end up in the garbage can.      |
| Did you know that 85% of   | •                               |
| our waste could be         | For example, in your lunch box: |
| reused, recycled or        | You can put your food in        |
|                            | reusable dishes rather than in  |
| composted?                 | ziploc bags;                    |
|                            | You can pour juice into a small |
| Before throwing            | refillable bottle rather than   |
| something away, ask        | buying small juice boxes.       |
| vourself whether it should |                                 |
| go in the garbage can!     | This reduces the amount         |
|                            |                                 |
|                            | of waste you generate.          |
|                            |                                 |
|                            |                                 |
|                            |                                 |
|                            |                                 |

|     | In Quebec, one million          |
|-----|---------------------------------|
|     | <b>`</b>                        |
|     | returnable containers are       |
| 0   | discarded every day even        |
| 0   | though they are all recyclable. |
| -0- |                                 |
|     | Remember to return your         |
|     | ,                               |
|     | returnable containers to the    |
|     | merchant, it's environmentally  |
|     | friendly in addition to giving  |
|     | you more money!                 |
|     |                                 |
|     |                                 |
| 0   |                                 |
| 0   |                                 |
| 0   | Soor                            |
| -0- |                                 |
|     |                                 |

Most plastics are numbered from 1 to 7.

Number 6 plastics are not recycled in the vast majority of communities.

If there is no number, it is not recyclable.

Avoid, when you can, using these products and consider reusing them before putting them in the trash.

